Throughout the New Testament, we see references to being "in Christ". For people not raised in the church who become Christians, it is strange terminology to refer to oneself. But, the New Testament writers thought in these terms all the time.

"And you also were included *in Christ* when you heard the word of truth, the gospel of your salvation. Having believed, you were marked in him with a seal, the promised Holy Spirit who is a deposit guaranteeing our inheritance." Eph 1:13-14

We are with Jesus already in the heavenly realms:

And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus." Eph 2: 6

We are to be aware of the power of Christ in us:

"Be strong in the Lord and in his mighty power." Eph 6:10

We are to be happy in the Spirit:

"Rejoice in the Lord always, I will say it again: Rejoice!" Phil 4:4

We are crucified in the flesh and raised to a new life in Christ:

"In Him you were also circumcised, in the putting off of the sinful nature, not with a circumcision done by the hands of men but with the circumcision done by Christ, having been *raised with him* through your faith in the power of God, who raised him from the dead." Col 2:11-12

We are to live our lives in close union with Christ:

"Let the peace of Christ rule in your hearts"

"Let the word of Christ dwell in your richly"

"Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus"

Finally, we are to find rest in our relationship with Christ as was prophesied in Isaiah:

"The fruit of righteousness will be peace; The effect of righteousness will be quietness and confidence forever. My people will live in peaceful dwelling places, in secure homes, in undisturbed places of rest." Isaiah 32:17-18